



Innsbruck Alpine Trailrun Festival - K25

Course		Distance (km)	Finish Distance (km)	Ascent in m	Descent in m	max. Altitude	fast time*	slow time*	Cut-off Time
Innsbruck Altstadt			25,5			600,00	08:00		
Innsbruck	Höttinger Bild	5,6	19,9	405	154	936,00	08:37	09:12	
Höttinger Bild	Kranebitten	10,5	15,0	83	240	836,00	08:57	09:50	10:30
Kranebitten	Birgitz	19,6	5,9	450	204	860,00	09:47	11:28	
Birgitz	ZIEL Natterer See	25,5	0,0	62	102	860,00	10:10	12:12	12:15

Start: State Theater Innsbruck

Remark

* The passage times have been calculated with a fast speed of 13,5 km/h and a slow speed of 6,0 km/h, plus the passed altitude gain calculated according to the distance-time formula.

All information is subject to change