



INNSBRUCK ALPINE Trailrun Festival

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Innsbruck Alpine Trailrun Festival - K65 powered by Trailrunning Szene

Course		Distance km	Finish Distance km	Ascent	Descant	max. Altitude	fast time*	slow time*	Cut-off time
Innsbruck Landestheater			67,5			600,00	08:00		
Innsbruck	Höttinger Bild	5,6	58,9	420	158	936,00	08:43	09:27	
Höttinger Bild	Kranebitten	10,5	53,5	87	247	836,00	09:08	10:17	10:30
Kranebitten	Birgitz	19,6	46,6	468	210	860,00	10:07	12:16	
Birgitz	Natterer See	25,5	41,6	65	105	860,00	10:34	13:11	13:15
Natterer See	Bierstindl	36,0	33,2	258	447	849,00	11:32	15:08	15:15
Bierstindl	Herzsee	42,8	21,5	229	62	868,00	12:08	16:21	
Herzsee	Hall	50,0	16,1	99	376	679,00	12:46	17:39	17:45
Hall	Thaur	55,4	10,2	233	79	735,00	13:19	18:45	
Thaur	Rechenhof	59,2	6,4	162	28	880,00	13:41	19:29	
Rechenhof	ZIEL Innsbruck	67,5	0,0	278	588	934,00	14:28	21:05	21:15

Start: State Theater Innsbruck

Remark

* The passage times have been calculated with a fast speed of 13 km/h and a slow speed of 5,5 km/h, plus the passed altitude gain calculated according to the distance-time formula.

All information subject to change