



Innsbruck Alpine Trailrun Festival - K42

Course		Distance km	Finish Distance km	fast time*	slow time*	Cut-off time*
Kranebitten			42,0	08:00		
VS Kranebitten	VS Birgitz	8,1	33,9	08:49	09:53	
VS Birgitz	VS Mutterer Alm	17,3	24,7	09:30	12:00	12:00*
VS Mutterer Alm	VS Telfes	25,6	16,4	10:32	13:45	
VS Telfes	VS ÖAMTC	36,5	5,5	11:36	16:13	16:00*
VS ÖAMTC	ZIEL Innsbruck	0,0	42,0	12:06	17:25	

Start: Kranebitten

Finish: Innsbruck

Remark

* The passage times have been calculated with a fast speed of 13,5 km/h and a slow speed of 6,0 km/h, plus the passed altitude gain calculated according to the distance-time formula. All information is subject to change

* The pictured Cut-off times are referring to the first start group (Group A), if you are in a later start group the time difference is added to the Cut-off time.